**My Lighthouse**

**My lighthouse…**

**Encourages me when I am nervous about trying something new;**

**Welcomes me when I’ve been away somewhere;**

**Supports me when I feel upset or frustrated about something;**

**Gives me advice when I’m feeling unsure;**

**Helps me to think positively about things I dislike doing;**

**Surprises me on special occasions like my birthday and Christmas;**

**Takes care of me when I’m feeling sick.**

**My Lighthouse is my mum.**



**By Arianna**